

Autism Awareness Assembly Pack

1. Assembly Outline

Introduction

- Welcome and purpose of the assembly
- Brief explanation: What is autism?

Key Messages

- Autism is a neurological difference that affects how people communicate, interact, and experience the world.
- Every autistic person is unique.
- Understanding and acceptance help everyone feel included.

Assembly Flow

1. Introduction and welcome
 2. What is autism? (Simple explanation)
 3. Myth-busting: Common misconceptions
 4. How to be a good friend and classmate
 5. Short video or story (optional)
 6. Q&A or reflection
 7. Closing message
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2. Script Example

Welcome:

Good morning, everyone. Today's assembly is about understanding autism and how we can support and include everyone in our school community.

What is Autism?

Autism is a way some people's brains work. It can affect how someone talks, plays, learns, and feels. Some people with autism might find loud noises or bright lights difficult. Others might really enjoy talking about their favorite topics or need extra time to answer questions.

Myth-Busting:

- Myth: People with autism don't want friends.
Fact: Many autistic people want friends but might need help with social skills.
- Myth: All autistic people are the same.
Fact: Autism is different for everyone.

How to Be a Good Friend:

- Be patient and kind.

- Use clear language.
- Invite everyone to join in.
- Ask if someone needs help, but respect their answer.

Closing:

Let's remember that everyone is different, and that's what makes our school special. By understanding autism, we can make sure everyone feels welcome.

3. Visual Aids

- Posters with key facts about autism
 - Visual schedule of the assembly
 - Simple infographics showing "myths vs. facts"
 - Images of diverse children playing and learning together
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4. Activity Ideas

- **Kindness Pledge:**
Each student writes or draws one way to include others.
 - **Sensory Experience Table:**
Safe, supervised table with headphones, fidget toys, and textured objects to help students understand sensory differences.
 - **Role-Play:**
Short skits showing how to include someone who communicates differently.
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5. Key Facts for Posters or Slides

- Autism affects about 1 in 100 people.
 - Some people with autism use pictures or devices to communicate.
 - Being a good friend means accepting differences.
 - Everyone has strengths and challenges.
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6. Suggested Video Links (for reference)

- "Amazing Things Happen" (YouTube)
 - "What is Autism?" by National Autistic Society (YouTube)
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7. Take-Home Letter for Families

Dear Families,

Today our school held an assembly about autism awareness. We learned that autism is a difference in how some people experience the world. We talked about being kind, patient, and including

everyone. Thank you for supporting our efforts to make our school a welcoming place for all.

This pack can be adapted for different age groups and settings. Use the script, activities, and visual aids to create an inclusive and informative assembly.